

Is your doctor on the team?

Dr. B. Allin	Fenelon Falls
Dr. P. Anderson	Lindsay
Dr. A. Bhopa	Lindsay
Dr. S. Bothwell	Lindsay
Dr. M. Chayer	Lindsay
Dr. J. Choi	Lindsay
Dr. J. Clay	Omeme
Dr. N. Ecob	Lindsay
Dr. B. Fagan	Lindsay
Dr. S. Hainer	Lindsay
Dr. C. Jackson	Lindsay
Dr. R. Jackson	Lindsay
Dr. M. Joynt	Lindsay
Dr. M. Khan	Woodville
Dr. G. Loeb	Lindsay
Dr. L. Millson	Lindsay
Dr. S. Oldridge	Bobcaygeon
Dr. K. Pema	Fenelon Falls
Dr. P. Petrosoniak	Lindsay
Dr. M. Pretorius	Lindsay
Dr. E. Ready	Lindsay
Dr. K. Roberts	Lindsay
Dr. D. Rutherford	Lindsay
Dr. M. Snarr	Bobcaygeon
Dr. M. Stone	Lindsay
Dr. S. Vorster	Lindsay
Dr. R. Wilson	Lindsay

Need A Family Doctor?

If you are seeking a family physician or nurse practitioner, please contact

Health Care Connect at:

1-800-445-1822

Contact Us

Head Office

55 Angeline Street North
Lindsay, Ontario
K9V 5B7

Phone

Family Health Program
Administration:
(705) 328-9853 ext. 221

Administrative Line:
(705) 880-2020 ext. 1

Fax

(705) 328-9401

E-Mail

info@cklfamilyhealthteam.com

Website

www.cklfamilyhealthteam.com

Hours

Monday to Friday
8:30am to 4:30pm

City of Kawartha Lakes

Family Health Team



www.cklfamilyhealthteam.com

What is a Family Health Team?

Family Health Teams bring together family doctors with other health professionals to make sure patients in our communities get the best possible care.

Family Health Teams also reduce the number of patients who do not have a family doctor, as well as, attract new doctors.

Our Family Health Team

Our team is comprised of 26 doctors and 30 additional health professionals working together in Bobcaygeon, Fenelon Falls, Lindsay, Little Britain, Omemee and Woodville. Our mission is to provide excellent, collaborative health care, increase access to care and work to recruit doctors to our area. Our local doctors work with our teams:

- Nurse Practitioners
- Family Health Nurses
- Dietician
- Pharmacist
- Psychologist
- Social Workers
- Respiratory Therapist
- Occupational Therapist
- Medical Receptionists

Our Family Health Programs

Ask your family doctor or nurse practitioner if our Family Health Programs are right for you...

Craving Change

Skills and strategies with regard to problematic eating for individuals who struggle to maintain healthy eating habits, suffer from emotional eating, or are frustrated with the usual weight loss/diet programs.



Healthy You

Focuses on lifestyle and behaviour changes to maintain a healthy body weight without dieting.



“Let’s get Walking!” Walking Program

Medically-supervised, outdoor walking for all ages. Walking is key to good health.

Smoking Cessation

Coaching to help you quit smoking provided by a registered nurse and respiratory therapist. Includes free nicotine replacement therapies.

Asthma and COPD Education

Learn ways to cope with – and improve – the health of our lungs, as well as, proper usage of inhalation medication.

“Seniors Safety” – Falls Prevention

Preventing falls is good for your health. Learn how with a presentation from our occupational therapist.

Memory Clinic

Assessment and treatment of possible memory impairment and dementia by caring professionals.

“Stressbusters!”

Learn practical techniques to help manage stress, anxiety and depression.

Mindfulness Meditation Practice

Reap the many health benefits of being present in the moment: reduced stress and blood pressure

Chronic Pain (Self) Management

Learn practical techniques to help manage pain with our clinical psychologist and occupational therapist.